



Quant Je Puis

STUDENTS AND PARENTS' BULLETIN



No. 5 A.Y. 2011-2012

Week of 18-22 July 2011

Vision

SSIS is a Premier learning institution with national and international recognition developing lifelong learners and leaders with competencies, global perspectives and hearts of service in a culture of academic and values excellence.

Mission

We are committed to provide quality international education through the 5Cs: Competence, Character, Commitment to Achieve, Collaboration and Creativity.

We seek to develop lifelong learners and leaders.

We prepare learners to respond to the needs of the 21st century.

Theme of the Year

Understanding the Humanity Within through the 5Cs: Competence, Character, Commitment to Achieve, Collaboration and Creativity.

Congratulations to the new members of the Academic Varsity!

| Level 1 | Level 5 |
|--|---------------------------------------|
| 1. Kazuki Kato – Math | 1. Chezcka Doloricon – Math & Science |
| 2. Franco Peña – Math | 2. Janna Panganiban – Math & Science |
| 3. Jed Mercado – Math | 3. Luigi Paltado – Math |
| | 4. Tom Oñate – Math |
| Level 2 | 5. Yuri Tokoyo - Science |
| 1. Allen Padua – Math | Level 6 |
| 2. Harsha Robles – Math | 1. Rafi L. Antig – Math & Science |
| 3. Christian Lubis – Math | 2. Jen Mae Pua Ng – Math & Science |
| | 3. Bea Quiambao – Math & Science |
| Level 3 | 4. Miggy Manimtim – Math & Science |
| 1. Vince Hubilla – Math & Science | Upper School I |
| 2. Issey Dimaculangan – Math & Science | 1. Eireen Navarro – Math & Science |
| 3. Charles Kalaw – Math & Science | 2. Asheley Naval – Math & Science |
| 4. Rajel Hernandez – Math & Science | 3. Gelo Manimtim – Math |
| Level 4 | 4. Henry Ji - Math |
| 1. Nadine Lagaya – Math & Science | 5. Joshua Lara - Science |
| 2. Shayne Segismundo – Math | 6. Carmela Guerra - Science |
| 3. Renella Wagan – Math | Upper School II |
| 4. Daren Grande – Math & Science | 1. Thea David – Math & Science |
| 5. Renzo Reyes – Science | 2. Kean Roxas – Math & Science |
| 6. Anika Nicanor – Science | 3. Kacie Pua Ng – Math & Science |
| | Upper School III |
| | 1. Yumi Tokoyo – Math & Science |
| | 2. Divine Suarez – Math & Science |
| | 3. Nissy Lara – Math & Science |

The team will be trained to compete in the MTAP Math Challenge, Southville Global Education Network (SGEN) Academic Olympiad, National Quiz Bee, and the DepEd Science Quest.

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| SCHEDULE OF TRAINING | | | | | |
|----------------------|-----------------------------------|-----------------|------------|-------------------|-------------------|
| Time | Monday | Tuesday | Wednesday | Thursday | Friday |
| 1: 50 – 2:50 pm | | | | Math (L1 & L2) | |
| 2:20 – 3:20 pm | | Math (L3 to L6) | | Science (L5 & L6) | Science (L3 & L4) |
| 4:20 – 5:20 pm | Science (US2 & US3) Math (US1) | Math (US2) | Math (US3) | Science (US1) | |



Do I have to Go to School?

There is definitely such a thing as school stress, but this should be distinguished from school phobia and post-traumatic stress secondary to an incident in school. These are different and may be mistaken for one another.

School stress comes from any kind of change a child feels he can't cope with. For small kids, these can be manifested as "worries."

When kids are stressed, parents get twice as worried. But the good news is that you can do something about it. Here are some ideas on how to help your child deal with school stress:

1. **Establish Daily School Routines.** This is especially helpful for little children since they don't like changes. Tell them exactly how the mornings will unfold: what time they should get up, eat breakfast, and get ready for school. Plan everything to avoid last-minute AM hassles.
2. **Assign a Study Area.** Provide your child with a distinct space where he can do his homework. This will give him a sense of control over schoolwork and help him develop good study habits.
3. **Talk to him about Sticky School Situations.** Give your child advice on how to handle teasing and bullies. If he's prepared, he won't worry too much when problems arise.
4. **Review Safety and School Rules.** Practice crossing the street. Tell him how to get in and out of the bus safely. Advise him that there are some things he can't bring to school.
5. **Help Him Manage His Schedule And School Work.** Stress is oftentimes a result of your child not being able to schedule his schoolwork. Does he have enough time to get all his work done? Is he involved in too many activities? He may need to work on his time management skills.
6. **Help Your Child Identify What's Worrying Him.** Ask questions. Some children might not want to talk about it so you must be careful. If your child is aware of what's bugging him, he can have some sense of control and deal with it more effectively.
7. **Give Some Perspective.** Assure your child that, sometimes, it's okay to miss an assignment--for instance, when he visited his grandma and for-

got that he had homework to do. Point out that he's not going to flunk school for missing that one assignment.

8. **He is Not Alone.** Point out too that he's not the only one worried about being late for school or doing well in class. His classmates are probably as worried as he is about school, in the same way you were also worried about it when you were little.
9. **Set a Good Example.** Learn to manage your own stress as well. Kids watch how their own parents deal with busy days and too much work. If you think things are getting out of control, take a deep breath.
10. **Listen!** Communicate openly. Always go by what and how your kids feel. You may have the tendency to hear but not listen and tell but not communicate. If you feel there is any problem, don't ever hesitate to seek help right away.

SSIS Implements the Student Academic Integrity Code

The Student Academic Integrity Code (SAIC) has been the focus of Sir AC's talk during the Preventive Discipline Seminar last June 29. He has explained to the students the rationale, goal and importance of the SAIC. Thus, we would like you to also read, understand, and help us maintain a culture of values and excellence through the SAIC.

The SAIC aims to create an environment where academic integrity, and its resulting behavior, can be lived and practiced. It recognizes the importance of honesty, trust, fairness, respect, and responsibility in the academic life of the students enabling them to have responsibility, and the ability to attain appropriate recognition for their academic and personal achievements. Moreover, it aims to establish standards of academic conduct and to provide a procedure that assures fair and just treatment for any student accused of violating any of the rules. By upholding the letter and the spirit of the code, ultimately, the SAIC aims to promote a culture of excellence where the students can be formed to be future "movers and leaders" of society.

We attached a copy of the SAIC in the SP Bulletin No.5. Please have time to read and discuss it with your child.

Absence during Term Test

Students who missed taking the Term Test will be asked to submit a letter of request for a special exam addressed to the Head Master / Principal and signed by their parents. The absentee will pay P150.00 per subject missed and will take the test two (2) weeks after the Term Test schedule. On the other hand, if the child's absence is due to sickness, he/she will not pay P150.00, but a medical certificate must be attached to his/her letter of request. Please take note that we only allow taking of the Term Test prior to its regular schedule on the Third Term. For the First and Second Terms, we will only administer special exams after the original Term Test schedule has finished.

On Setting Appointments

If you would like to discuss something with a teacher, the principal, or any school management employee, we would like to encourage you to please set an appointment. This is necessary to provide order and quality to your visit. We want to make sure that when you come to school, we are there to assist you with whatever concerns that you have.

You may get the appointment form from the guard on duty, fill it out and give it back to the guard. This is to make sure that meeting schedules will not overlap and be missed out. Please always make sure to write the purpose of your appointment so that both of the parties will be prepared in discussing matters.

Support the USSR

It is observed that children and teenagers who love reading have comparatively higher IQs. They are more creative and do better in school and college. The children who start reading from an early age are observed to have good language skills, and they grasp the variances in phonics much better.

In SSIS, the reading program is one of our distinctive features, and to strengthen this, we are doing the Uninterrupted Sustained Silent Reading (USSR) once a month when everyone in school drops all and reads for straight 30 minutes straight. We are starting the first run on Monday, July 18. Please bring your favorite books on Monday and have fun reading!

Try out for "In Touch" the SSIS School Paper

Do you like to write? Is your passion photography? Are you interested in reporting about events and issues? Be part of "In Touch", the SSIS School Paper and enhance your writing ability and creativity.

Try-outs will be on July 21, 2011 from 3:00-5:00 p.m. at the Library. This is open from Levels 3 to Upper School III.

Categories for try-out:

News Writer, Features Writer, Literary Writer, Sports Writer, Photo Journalist, Artist/Cartoonist, and Lay-out Artist

Requirements:

- (2) 2x2 picture (for all)
- Camera (only for photo journalists)
- Drawing / art materials (only for artists/cartoonists)

More information will be disseminated through the class advisers.

IMPORTANT DATES

July 18

USSR (Uninterrupted Sustained Silent Reading)

July 18, 19 & 21

Disaster Preparedness and Fire and Earthquake Drill

July 20

First CEO Forum of US

July 22-23

CGS (Comprehensive Growth Series) of US

**ANTHONY PAUL M. CALADO
HEAD MASTER / PRINCIPAL**

REPLY SLIP

() I have received and read Parents and Students' Bulletin No. 5 A.Y. 2011-2012

() I have received a copy of the Student Academic Integrity Code

_____ **Student's Name**

_____ **Level/Section**

_____ **Parent's Signature**